

# Professional Reflective Journal

We believe that professional development is only truly valuable if it makes a positive impact on instruction. There are several causes of ineffective professional development:

- “Scatter-shoot” or “spray and pray” instruction that all employees are given in a district-wide inservice training with no time to meet with colleagues, reflect on the learning and then make preparations to implement the new information.
- Sending a few people to training and then never providing opportunity for them to share their learning with the rest of the staff.
- Training people who already know the information, over and over on the same content as you bring in new people, which can create resentment and disconnect.

As a part of our focus on professional development, we encourage you to take ownership of your learning at a deeper level. Reflection is one of the most powerful professional development tools and so we are providing a section of the handbook for you to dedicate your work to a reflective process. Additional pages will be available if you would like to grow the journal in this handbook.

These reflections will be helpful when the time comes to reflect on your professional development plan when the time comes to renew your license as well.

**We encourage you to reflect regularly on the following areas of your work....**

1. **Your current practice:**
  - *What works well?*
  - *What do you struggle with?*
  - *What do your students struggle with?*
2. **New learning:**
  - *What did you learn from trainings or classes?*
  - *What content resonated with you?*
3. **Future plans:**
  - *What will you do with your new learning?*
  - *How will you implement new ideas?*





















